



THOMAS ALLEYNE'S HIGH SCHOOL Physical Education :

Key Stage 3

Students build on and embed physical skills learnt at middle school becoming competent, and confident in their techniques and apply them across different sports and physical activities.



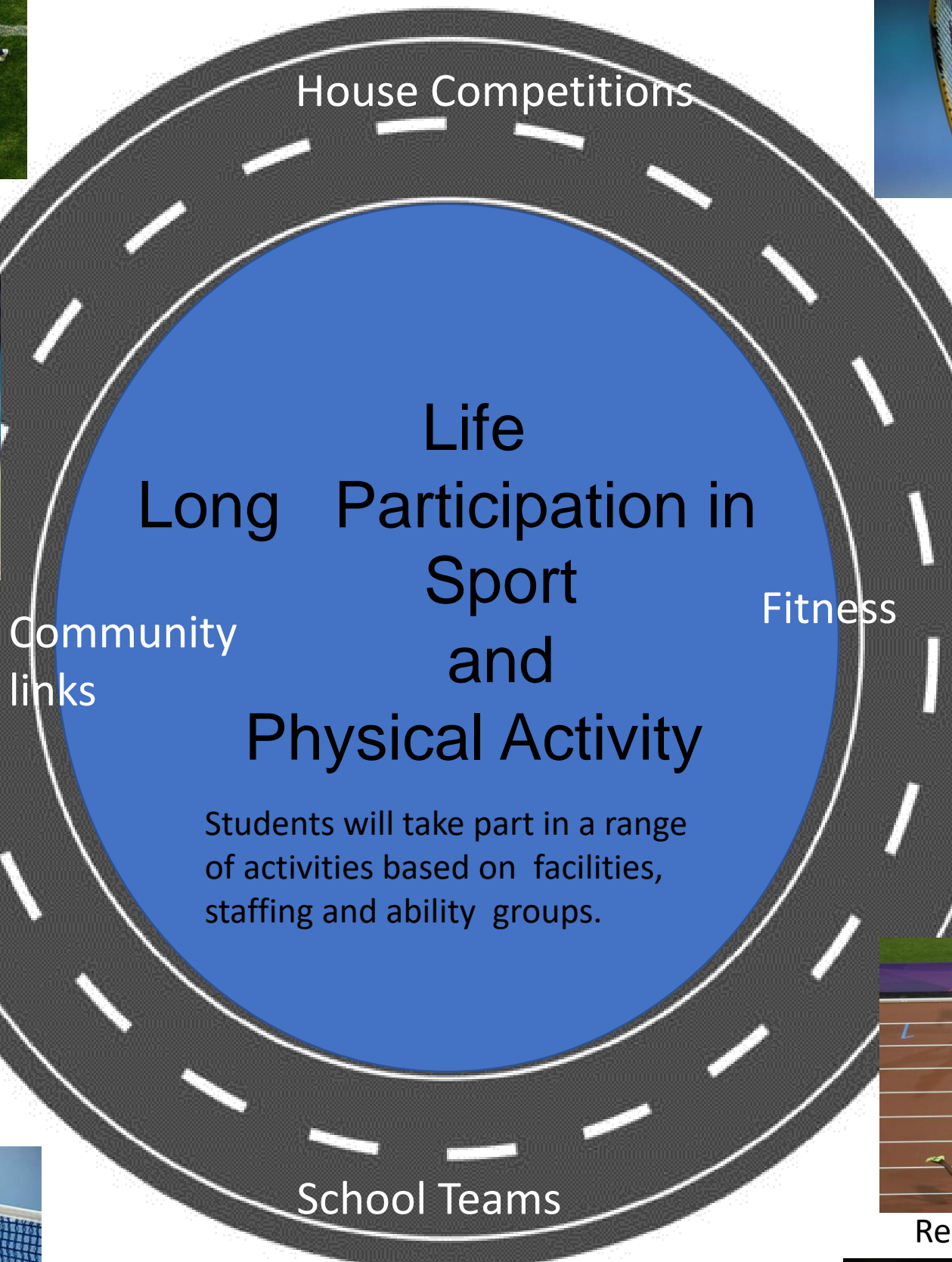
Skills, Tactics, Rules



Resilience



Determination



House Competitions

Community links

Fitness

School Teams



Competition



Understanding



Personal Best



Recreation



Key Stage 4

Students tackle complex and demanding physical activities and are involved in a range of activities that promote an active healthy lifestyle