

BTEC Level 3 Extended Certificate

Health and Social Care



Name: _____



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BTEC Nationals are demanding. You will have to complete a range of units, be organised, take some exams and complete a portfolio of your assignments. The following study skills are essential:

1. Get yourself a diary – keep up to date, know what work you have to do and what you have done. Keeping to the deadlines is important. Record your hours and activities of work experience each week.
2. Get yourself books and folders – keep each unit separately and know where each unit is at all times. Keep your notes, books and assignment work safe – lost work has to be re-done!
3. Try and stick to a regular work rota: do a little bit of study often, rather than leaving huge amounts of work to the last minute before the deadline. Starting an assignment well in advance of a deadline you will get the chance to ask staff for help if you need it.
4. You WILL need to work each week OUTSIDE of lessons . In your study periods and at home work in a studious environment, not somewhere where you will be distracted.
5. Back up computer based tasks each week and have it save in at least two places including office 365 (in case one gets lost or damaged)
6. Don't be afraid to ask for help when you need it!. Don't suffer in silence and don't pretend you understand something when you don't. Make notes in lessons to help you when completing assignments outside of lessons.
7. Use all the available resources: teachers; textbooks; libraries; Talaxy; Teams; the Internet; newspapers; television and radio; fellow students.
8. Motivate yourself. Have a goal to aim for ... on a micro scale a favourite TV programme in half an hour after some revision; on a longer scale a university grade offer.

The more you put in, the more you get out, both in terms of results and enjoyment.

BTEC Health and Social Care Students...



Shopping List



STATIONERY

Having everything you need to make notes in lessons and complete your assignments is essential for making a good start.

Get notebooks or lined paper and folders.

We would recommend a A4 lever arch with file dividers for each unit (make sure you buy a school bag that can fit this in!)

Diary – ‘week to view’

You will also need pens, pencils, highlighters, scissors, glue, colours.

TEXTBOOKS

Having your own copy of the books is useful especially when completing work outside of lesson time. There are good value second hand copies on amazon and Ebay and there is a bursary fund in Sixth Form to help students buy resources for their courses. The three books that are useful to have are:

- Pearson BTEC National Health & Social Care Student book 1 ISBN 9781292126012
- Pearson BTEC National Health & Social Care Student book 2 ISBN 9781292126029
- Pearson BTEC National Health & Social Care Revision guide ISBN 9781292230443




LAPTOP

Most students prefer to type up their assignment work – this is easier if you have your own laptop. This mean you can work anywhere and easily work at school and at home. If there is anyway you can save up over summer getting your own laptop is really worth doing.(there is financial help for some students to contribute towards buying a laptop in Sixth Form).



GLOSSARY

TASK: GLOSSARY Research and define the following words which are central to the many units. Draw a symbol or picture to help you remember it.

Term	Definition	Symbol
Adolescence	An important status change following the onset of puberty during which a young person develops from a child into a adult.	
Advocate		
Attachment		
Care package		
Clinical Commissioning Groups (CCGs)		
Development		
Discrimination		
Diversity		
Empathy		
Ethical		



GLOSSARY

Term	Definition	Symbol
Fine Motor Skills		
Growth		
Holistic Approach		
Milestone		
Nature		
Nurture		
Risk Assessment		
Safeguarding		
Self-Concept		
Self-Esteem		6



CAREERS IN HEALTH & SOCIAL CARE

TASK: CAREERS IN HEALTH & SOCIAL CARE

In the space below write down as many different careers in health or care that you can think of:

TASK: CAREER FACT FILE

Chose TWO professionals from the following OR choose two health or care careers that you are interested in working in:

- Midwife
- Paramedic
- Paediatric nurse
- Physiotherapist
- Social worker

Create a fact file for your chosen job roles. You could include:

- A day in the life of.....
- General roles and responsibilities
- Routes into the role/ qualifications required
- Skills & qualities
- Average pay
- Where they work
- Who they work with

And anything else you think may be suitable



LEGISLATION IN HEALTH & SOCIAL CARE

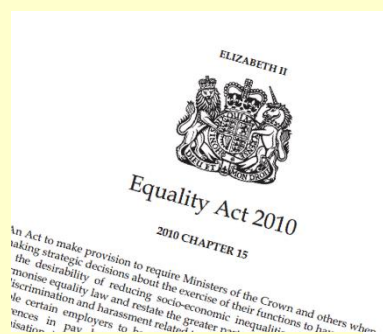


Legislation means the laws that Parliament has made that everyone in the country has to follow.

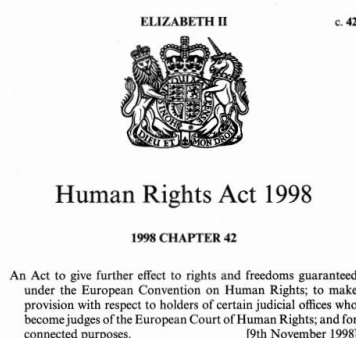
There are many laws which apply to those working in health or social care so you will come across these acts in a number of units.

TASK: BOOKLET ON LEGISLATION

- Use the internet to find out about the following Acts of Parliament that relate to working in the Health & Social Care industry.
- Produce an online workbook to display a summary of each one. You should use one page for each Act and the summary should be in your own words. You will need this in several units over the 2 years.
- Mental Health Act 2007
- Equality Act 2010
- The Human Rights Act 1998
- Mental Capacity Act 2005
- National Health Service Act 2006
- Care Act 2014



Mental Health Act 2007

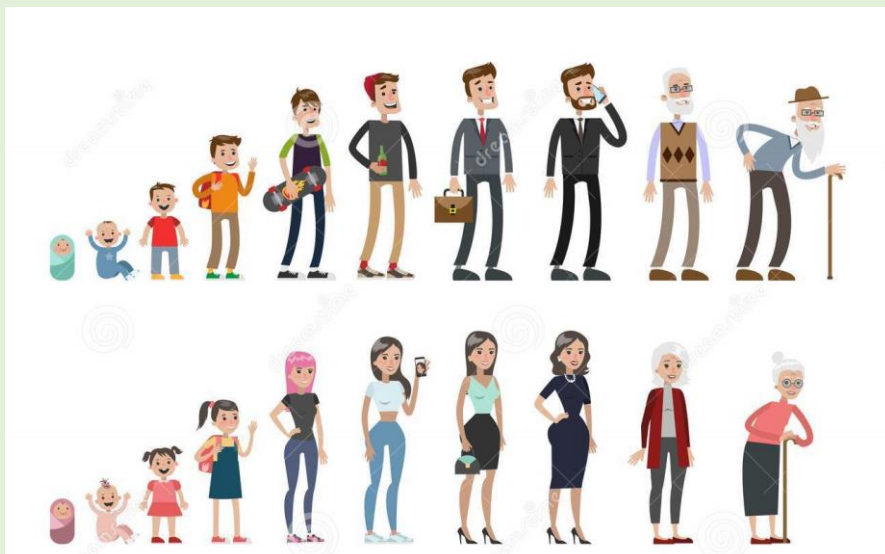


Task : A journey through life.....

Humans grow, develop and learn through 6 distinct life stages in their journey towards old age. These are listed below :-

- Infancy 0-2 years
- Early Childhood 3-8 years
- Adolescence 9-18 years
- Early Adulthood 19-45 years
- Middle Adulthood 46-65 years
- Later Adulthood 65+ years

Produce a piece of work of your choice (e.g. large poster/collage/diorama/fact file etc) to represent this journey to show the different life events that a person may pass through on their life journey. E.g. marriage, further education, illness, bereavement, retirement, parenthood, puberty etc.



Check List



Use this list to make sure you have completed all the tasks to make a good start in September to your Level 3 BTEC in Health and Social Care.

Task	Tick
Glossary	
Careers in Health & Social Care	
Booklet on Legislation	
A journey through life	