

# BTEC Level 3 Extended Diploma Health and Social Care



Name:



**THOMAS ALLEYNE'S**  
HIGH SCHOOL

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BTEC Nationals are demanding. You will have to complete a range of units, be organised, take some exams and complete a portfolio of your assignments. The following study skills are essential:

1. Get yourself a diary – keep up to date, know what work you have to do and what you have done. Keeping to the deadlines is important. Record your hours and activities of work experience each week.
2. Get yourself books, folders and memory sticks – keep each unit separately and know where each unit is at all times. Keep your notes, books and assignment work safe – lost work has to be re-done!
3. Try and stick to a regular work rota: do a little bit of study often, rather than leaving huge amounts of work to the last minute before the deadline. Starting an assignment well in advance of a deadline you will get the chance to ask staff for help if you need it.
4. You WILL need to work each week OUTSIDE of lessons. In your study periods and at home work in a studious environment, not somewhere where you will be distracted.
5. Back up computer based tasks each week and have it save in at least two places including office 365 (in case one gets lost or damaged)
6. Don't be afraid to ask for help when you need it!. Don't suffer in silence and don't pretend you understand something when you don't. Make notes in lessons to help you when completing assignments outside of lessons.
7. Use all the available resources: teachers; textbooks; libraries; Talaxy; Teams; the Internet; newspapers; television and radio; fellow students.
8. Motivate yourself. Have a goal to aim for ... on a micro scale a favourite TV programme in half an hour after some revision; on a longer scale a university grade offer.

The more you put in, the more you get out, both in terms of results and enjoyment.

## BTEC Health and Social Care Students...



# Shopping List



## STATIONERY

Having everything you need to make notes in lessons and complete your assignments is essential for making a good start.

Get notebooks or lined paper and folders.

We would recommend a A4 lever arch with file dividers for each unit (make sure you buy a school bag that can fit this in!)

Diary 'week to view'

You will also need pens, pencils, highlighters, scissors, glue, colours.

## TEXTBOOKS

Having your own copy of the books is useful especially when completing work outside of lesson time. There are good value second hand copies on amazon and ebay and there is a bursary fund in Sixth Form to help students buy resources for their courses. The three books that are useful to have are:

- Pearson BTEC National Health & Social Care Student book 1 ISBN 9781292126012
- Pearson BTEC National Health & Social Care Student book 2 ISBN 9781292126029
- Pearson BTEC National Health & Social Care Revision guide ISBN 9781292230443



## LAPTOP

Most students prefer to type up their assignment work – this is easier if you have your own laptop. This mean you can work anywhere and easily work at school and at home. If there is anyway you can save up over summer getting your own laptop is really worth doing.(there is financial help for some students to contribute towards buying a laptop in Sixth Form).





# Disclosure & Barring Service



## TASK: DBS CHECK PREPARATION

Getting a DBS check is a required part of starting this course. You will need to have your DBS certificate **BEFORE** you start your work experience

A DBS check is a **Disclosure & Barring Service** check, which is carried out by an employer to see if a job applicant has a criminal record/history. This is usual to work within the health or care sectors.

You **MUST** ensure that you have the correct documentation available for the **FIRST WEEK** of YEAR 12.

What do you need?


- **FULL** Birth Certificate OR **Current** Passport
- Proof of current address (this must be an official document such as a bank statement in your name). A **recent (within the last 3 months)** bank statement/utility bill with your name & address
- If you do not have these documents you can often apply online for copies. These may take a few weeks so do this in plenty of time.
- You can go into your bank and ask for a print out of a statement – if you haven't got your own bank account now would be a good time to open one!
- Do NOT get a passport just for your DBS check.
- If you can't get the above documents please see the following link to see what other documents would be accepted.

<https://www.gov.uk/disclosure-barring-service-check/documents-the-applicant-must-provide->

If you are worried something will show up on your DBS check then talk to Mrs George or Mrs Varga.

# GLOSSARY

TASK: GLOSSARY Research and define the following words which are central to the many units. Draw a symbol or picture to help you remember it.

Term	Definition	Symbol
Adolescence		
Advocate		
Attachment		
Care package		
Clinical Commissioning Groups (CCGs)		
Development		
Discrimination		
Diversity		
Empathy		
Ethical		6



# GLOSSARY

Term	Definition	Symbol
Fine Motor Skills		
Growth		
Holistic Approach		
Milestone		
Nature		
Nurture		
Risk Assessment		
Safeguarding		
Self-Concept		
Self-Esteem		

# CAREERS IN HEALTH & SOCIAL CARE

## TASK: CAREERS IN HEALTH & SOCIAL CARE

In the space below write down as many different careers in health or care that you can think of:



## TASK: CAREER FACT FILE

Chose TWO professionals from the following OR choose two health or care careers that you are interested in working in:

- Midwife
- Paramedic
- Paediatric nurse
- Physiotherapist
- Social worker

Create a fact file for your chosen job roles. You could include:

- A day in the life of.....
- General roles and responsibilities
- Routes into the role/ qualifications required
- Skills & qualities
- Average pay
- Where they work
- Who they work with

And anything else you think may be suitable



# LEGISLATION IN HEALTH & SOCIAL CARE

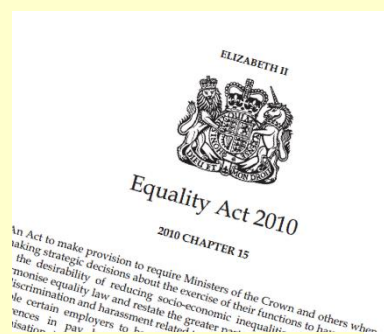


Legislation means the laws that Parliament has made that everyone in the country has to follow.

There are many laws which apply to those working in health or social care so you will come across these acts in a number of units.

## TASK: BOOKLET ON LEGISLATION

- Use the internet to find out about the following Acts of Parliament that relate to working in the Health & Social Care industry.
- Produce an online workbook to display a summary of each one. You should use one page for each Act and the summary should be in your own words. You will need this in several units over the 2 years.
- Mental Health Act 2007
- Equality Act 2010
- The Human Rights Act 1998
- Mental Capacity Act 2005
- National Health Service Act 2006
- Care Act 2014



Mental Health Act  
2007



An Act to give further effect to rights and freedoms guaranteed under the European Convention on Human Rights; to make provision with respect to holders of certain judicial offices who become judges of the European Court of Human Rights; and for connected purposes.  
[9th November 1998]

# Task : A journey through life.....

Humans grow, develop and learn through 6 distinct life stages in their journey towards old age. These are listed below :-

- Infancy 0-2 years
- Early Childhood 3-8 years
- Adolescence 9-18 years
- Early Adulthood 19-45 years
- Middle Adulthood 46-65 years
- Later Adulthood 65+ years

Produce a piece of work of your choice (e.g. large poster/collage/diorama/fact file etc) to represent this journey to show the different life events that a person may pass through on their life journey. E.g. marriage, further education, illness, bereavement, retirement, parenthood, puberty etc.



# An Introduction to British Sign Language

- During the transition lessons, you will have been registered on to 'An Introduction to British Sign Language' course.
- You will receive an email to your school Outlook email account with details on how to enrol.
- This course is a valuable additional qualification that will be useful in whatever career you go in to.
- The course is modular, and you take an online test at the end of each section.
- You can retake each test as many times as you like until you reach the pass grade.
- Once you have completed the course, please let Mrs Varga know on [varga@tahs.net](mailto:varga@tahs.net) and she will ensure that there is a certificate ready printed out for you when you start the course in September.



# Check List



Use this list to make sure you have completed all the tasks to make a good start in September to your Level 3 BTEC in Health and Social Care.

<b>Task</b>	<b>Tick</b>
DBS Preparation	
Glossary	
Careers in Health & Social Care	
Booklet on Legislation	
A journey through life	
An introduction to British Sign Language	